

SISC HEALTHCARE SYMPOSIUM

AGENDA

ALL PRECONFERENCE ACTIVITIES ARE HELD IN THE SAN CARLOS BALLROOM

PRECONFERENCE WORKSHOPS: NOVEMBER 5, 2025

12:00 - 1:00 PM REGISTRATION

12:00 - 1:00 PM AMERICAN FIDELITY AND XP HEALTH LUNCHEON

Enjoy lunch hosted by our preconference sponsors, American Fidelity and XP Health, and time to connect with your Account Manager and other member districts. This is a wonderful opportunity to get to know your peers at other districts and discuss current employee benefit topics.

12:30 - 12:40 PM WELCOME

12:40 - 1:10 PM SISC Proactive Care Plans

Enhance your knowledge of the SISC Proactive Care Plans. The Account Managers will discuss the details of these benefits and their value with our family physician, Dr. Warren Brown. You will also hear about one district's success in promoting these plans. By becoming familiar with everything SISC has to offer, you can better serve the needs of your workforce. We will conclude the session with an exciting announcement for our districts' benefit leaders.

1:10 - 1:50 PM American Fidelity

American Fidelity's initiative extends beyond voluntary benefits and 125 administration. Join us for a fun and interactive session to learn about some exciting enhancements and AF's ongoing dedication to comprehensive benefits education. By embracing SISC's vision, they aim to ensure that employees fully understand all of their benefits. During this presentation, American Fidelity will engage the audience and keep it light while delving into realistic challenges faced by school districts. You'll leave with actionable insights designed to boost employee engagement.

1:50 - 2:30 PM Panel Discussion - Engagement Success Stories

Join us for a panel discussion featuring benefit leaders from three SISC school districts. Don't miss this chance to learn directly from peers who have successfully managed the complexities of school district health benefits. The speakers will share their experiences, learning opportunities, and best practices for providing employees with optimal support.

2:30 - 3:20 PM XP Health

Join us to learn more about the SISC XP Health Vision Plan. XP takes a different approach to vision benefits by providing employees with access to wholesale pricing for frames and lenses through their online marketplace. It is a vision benefit that provides affordable eyewear, online prescription renewals, and a stellar experience. Don't miss the XP "trunk show" at the end of the session where attendees will have the opportunity to try on designer eyewear and win prizes!

3:20 - 4:30 PM VENDOR VISIT TIME

Enjoy additional time with our preconference sponsors, American Fidelity and XP Health, and time to connect with your Account Manager and other member districts.

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GENERAL SESSION IS HELD IN THE SAN CARLOS BALLROOM

DAY I: NOVEMBER 6, 2025

8:00 - 11:00 AM	REGISTRATION - SAN CARLOS BALLROOM FOYER
9:00 - 11:00 AM	VENDOR VISIT TIME - SAN CARLOS BALLROOM FOYER
11:00 - 11:55 AM	ANTHEM LUNCHEON - SAN CARLOS BALLROOM
12:00 - 12:25 PM	WELCOME & SISC GENERAL UPDATES
12:25 - 12:40 PM	SISC HEALTH BENEFITS UPDATES
12:45 - 1:45 PM	KEYNOTE: AI in Healthcare Nick Webb, CEO - LeaderLogic, LLC Nick Webb is a bestselling author, award-winning filmmaker, and inventor with over 40 U.S. patents who empowers benefit leaders to harness AI, innovation, and future trends to build thriving, future-ready organizations. In this keynote, he shares strategies for navigating healthcare’s rapid transformation, highlighting how AI, consumerization, digital transformation, and value-based care are redefining employee expectations and health benefit strategies.
1:55 - 2:25 PM	Addressing Gaps in Care for Women in Midlife Mindy Goldman, Chief Clinical Officer, Midi Health The midlife women’s healthcare gap is real. In this presentation, you’ll hear from Midi Health, the largest virtual clinic for women in midlife to learn more about how Midi supports SISC members. You’ll also hear firsthand from a SISC member and their powerful experience with Midi.
2:25 - 2:55 PM	Costco, Today and Tomorrow Ricky Li, PharmD, MSHI, AUP Pharmacy, Costco Pharmacy From the famous rotisserie chickens to exciting new warehouse openings, you’ll get the latest updates from everyone’s favorite warehouse club. The session will also highlight Costco’s innovative pharmacy services and growing partnership with SISC.
2:55 - 3:05 PM	Hinge Health - Delivering Unified Musculoskeletal Care Hinge Health makes it simple for SISC members to access the right musculoskeletal care at the right time—now enhanced by a new in-person care option.
3:05 - 3:15 PM	HINGE HEALTH STRETCH BREAK
3:15 - 3:35PM	VENDOR VISIT TIME - SAN CARLOS FOYER
3:25 - 3:35 PM	LANTERN SNACK BREAK - SAN CARLOS BALLROOM
3:40 - 4:20 PM	Navigating the Market Dynamics of Pharmacy Benefits Laura Jester, UP, Clinical Services, Navitus Join us to hear updates on the complex world of pharmacy benefits. This session explores the shifting pharmacy benefits landscape, California’s regulatory changes, the growing influence of cost-plus models, and key drug trends, including GLP-1s, gene therapies, and biosimilars.
4:20 - 4:45 PM	Reversing the Autoimmune Epidemic Ellen Rudolph, Cofounder and CEO, WellTheory WellTheory’s digital solution for autoimmune patients treats the whole person and provides comprehensive support to SISC members through evidence-based 1-on-1 nutritional and lifestyle coaching. A SISC member will also share her life-changing health journey using WellTheory.
4:50 - 5:00 PM	SYMPOSIUM TRIVIA
5:30 - 6:45 PM	NAVITUS SOCIAL RECEPTION - FERRANTES BAYVIEW ROOM

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DAY 2: NOVEMBER 7, 2025

7:00 - 8:00 AM BLUE SHIELD BREAKFAST - SAN CARLOS BALLROOM

8:00 - 8:10 AM WELCOME

8:10 - 9:10 AM KEYNOTE: Generation AI

Frankie Russo, Author, Entrepreneur, and Top 50 Thought Leaders in Growth

Challenge the notion that artificial intelligence will replace us and consider instead that AI offers an unprecedented opportunity to augment our human capabilities and drive transformational growth. Discover how tapping into your authenticity, imagination, and generosity - your "weird" - is the key to thriving in the machine age. Learn practical strategies to partner with AI tools as your "copilot" to enhance your own ideas and mission and walk away with a roadmap to unleash your unique talents, out-innovate the future, and create a world where no one gets left behind.

9:15 - 9:35 AM What Your Eyes Say About Your Health
Dr. Valerie Sheety-Pilon, Senior Vice President of Clinical and Medical Affairs, USP

This presentation explores the vital connection between eye health and whole health, highlighting how signs of conditions like diabetes and hypertension can be detected in a comprehensive eye exam. It emphasizes the importance of regular eye care as a window into systemic health.

9:35- 10:00 AM Teladoc Expert Medical Opinion Service
Carol Walter, Senior Director of Solution Strategy, Teladoc Health

In this session, you'll hear how the Teladoc Expert Medical Opinion service connects SISC members with top specialists who can provide clarity, uncover new care options, and even lead to an updated treatment plan or diagnosis. You'll also hear a firsthand story from a SISC member about how the program helped guide his care decisions.

10:00 - 10:20 AM VENDOR VISIT TIME - SAN CARLOS BALLROOM FOYER

10:20 - 11:05 AM A Discussion on the Future of Healthcare and Kaiser Permanente's Approach to Meeting the Needs of Our Members
Kevin Hart, Senior Vice President, Strategic Development & Technology, Kaiser Permanente
Nolan Chang, MD, Medical Director for Business Management/Executive VP, Strategy, Corporate Development, Finance, Kaiser Permanente

Join two Kaiser Permanente leaders for a panel conversation on their vision for the future of healthcare and how Kaiser Permanente is evolving to better meet the needs of its members. Kaiser Permanente will delve into the significance of adapting care strategies to effectively serve a diverse population with varying requirements. They will also discuss technological advancements that play a crucial role in enhancing both healthcare access and quality, particularly in addressing the challenge of physician shortages. These innovations empower individuals to take charge of their health, promoting autonomy and informed decision-making.

11:05 - 11:35 AM From Dust to Diamonds
Dr. Keith Wolaridge, Speaker, Leadership Strategist, Founder of Five Pillars and Associates

Great leaders aren't born polished they're formed under pressure. From boardrooms to communities, the leaders who shine brightest are those who've mastered the leap from self-doubt to self-mastery. This keynote takes you from the dust of beginnings to the brilliance of leadership diamonds, showing how stepping into your zone of genius transforms obstacles into opportunities and unlocks the kind of influence, resilience, and impact that lasts. Don't miss this engaging presentation—complete with freshly popped popcorn and delicious Dubai chocolate!

11:35 - 11:50 AM CLOSING AWARDS AND RAFFLE CELEBRATION

Join us as we wrap up the conference with an inspiring awards ceremony honoring the outstanding efforts of our member districts. Celebrate peers who have gone above and beyond, and stay for the always-popular raffle prize drawings—including a **grand prize \$500 Costco gift card!** It's the perfect finale to a memorable event—don't miss out!

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