



2024 SISC Health Screening Program – Member FAQ

Who is eligible to participate in a health screening and receive a \$25 Amazon Award?

All employees and covered family members over age 18 currently enrolled in a SISC medical plan are eligible. This includes employees enrolled on Anthem, Blue Shield, Kaiser Permanente, and WABE.

Is an appointment required?

Yes! Appointments are required regardless of how you receive your screening. Walk-ins will not be accepted.

When will I receive my \$25 Amazon Award?

The Amazon awards will be sent by email to the email address on file within 30 days of the completed screening. If thirty days have passed, you may contact Quest to inquire on status.

My school district didn't set up an onsite event. Can I participate at another nearby school district site?

While this will be an available option when making an appointment, we highly discourage making an appointment at an onsite event that is not within your school district. School sites often have firm security protocols that do not allow for non-employees to be on campus. The exception to this would be when your employer has made arrangements with a neighboring district and has specifically provided direction to sign up at another school district's site.

If your district is not hosting an event, we recommend scheduling your screening at a Quest Patient Service Center.

What if I am unable to attend a screening event at my district?

New this year, you have the option to schedule an appointment at a Quest Patient Service Center (PSC) any time between January 1st and June 30th, 2024. At a PSC, you will receive a blood draw and will be sent an email your results are ready within 5 days of the screening. Your Amazon award will be emailed within 30 days of the completed screening.

How do I know if there is a Quest Patient Service Center nearby?

After you register on the Quest Portal, you will have the option to schedule at a Patient Service Center and view all facilities nearby your zip code.

Can I get screened at an onsite event and a Quest Patient Service Center?

No. You can only have one screening per year through this program.

Do I need to fast before my screening?

Fasting is encouraged for the most accurate results, but it is not required.

What will I learn as part of my health numbers?

- ✓ Body Mass Index (BMI) calculation
- ✓ Height, Weight, Blood Pressure, Waist Circumference
- ✓ Glucose
- ✓ Total Cholesterol including HDL, LDL, TC/HDL ratio
- ✓ Triglycerides

Participants who meet BMI/age criteria without a diabetes diagnosis will also receive their A1c number within 5 days of the screening.

What is the age and BMI criteria needed for a free A1c test?

<u>BMI</u>	<u>Age</u>
<u>30-34.9</u>	<u>45+</u>
<u>35-39.9</u>	<u>35+</u>
<u>40.0+</u>	<u>18+</u>

Can I view my results from prior years?

SISC and Quest are working diligently to load your results from prior years into your Quest portal. We expect this to be completed shortly.

How do I contact Quest?

Contact Form: [My.QuestForHealth.com/ContactUs](https://my.questforhealth.com/contact-us)

Email: Wellness@QuestDiagnostics.com

Phone: 1.855.6.BE.WELL (1.855.623.9355)

Monday-Friday: 7 a.m. – 7 p.m. Central

Saturday: 7:30 a.m. – 2 p.m. Central

For more FAQs related to the screenings and the Quest portal:

<https://my.questforhealth.com/mobile/info/faq>

To schedule your screening: <https://my.questforhealth.com> (Your Registration Key is SISC2024)