

**SISC III
HEALTH BENEFITS PROGRAM
BOARD OF DIRECTORS MEETING
JUNE 15, 2011
1:00 P.M.**

A G E N D A

I. CONSENT CALENDAR

A. Approval of Minutes for May 19 and 20, 2011 Board of Directors Meeting

B. Report of Activity for the Month of May 2011 and ratification of payment as follows:

DELTA DENTAL CLAIMS	6,952,342.09	
DELTA DENTAL ASO	448,426.17	
	TOTAL DENTAL	7,400,768.26
VSP CLAIMS	846,363.56	
MES CLAIMS	126,393.63	
VSP ASO	81,338.88	
MES ASO	16,687.01	
	TOTAL VISION	1,070,783.08
ANTHEM BLUE CROSS HEALTH CLAIMS	45,779,395.27	
BLUE SHIELD HEALTH CLAIMS	10,686,072.24	
ANTHEM BC BEHAVIORAL HEALTH CLAIMS	10,844.73	
ANTHEM BC COMPANION CARE RETIREE CLAIMS	301,501.12	
MEDCO DISCOUNT CARD CLAIMS	698,480.02	
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TOTAL HEALTH CLAIMS	57,476,293.38	
ANTHEM BLUE CROSS ASO	1,555,931.75	
BLUE SHIELD PPO ASO	273,901.04	
ANTHEM BC COMPANION CARE RETIREE ASO	47,287.86	
FOUNDATION CLMS PROCESSING ASO	553,709.52	
MEDCO DISCOUNT CARD ASO	8,500.29	
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TOTAL HEALTH ASO	2,439,330.46	
	TOTAL HEALTH	59,915,623.84
MEDCO CLAIMS	12,735,981.81	
AMERICAN HEALTH CARE CLAIMS	2,411,366.79	
MEDCO ASO	229,573.85	
AMERICAN HEALTH CARE ASO	56,259.50	
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	TOTAL RX	15,433,181.95

INSURED PRODUCTS

ANTHEM BC HMO CLAIMS	2,587,280.16	
ANTHEM BC HMO ADMIN FEE	1,695,784.82	
ANTHEM BC EAP	130,360.95	
BLUE SHIELD HMO CLAIMS	2,270,551.35	
BLUE SHIELD HMO ADMIN FEE	1,406,559.62	
KAISER HMO	3,899,197.58	
UNITED HEALTHCARE DENTAL	657.01	
DELTACARE/PMI DENTAL	3,158.96	
KAISER SENIOR ADVANTAGE RETIREE PLAN	64,344.00	
MUTUAL OF OMAHA LIFE INS	161,030.37	
ZURICH LIFE	12,943.60	
	TOTAL INSURED	12,231,868.42
SISC FLEX CLAIMS		210,633.57
WELLNESS		204,929.00
ALL OTHER		596,022.89
	TOTAL PAYMENTS	97,063,811.01

II. PUBLIC COMMENT

III. ACTION ITEMS

- A. Financial Report - Financial Statements For Prior Month Presented For Approval Cindy Mattern
- B. Request Approval of 2011-2012 Meeting Times, Dates and Places Russell Bigler

IV. DISCUSSION AND INFORMATION ITEMS

- A. Monthly SISC PPO Trend History Through May 2011 John Stenerson
- B. Show the Board Information that was sent to the Company that produces Business Insurance Magazine Russell Bigler
- C. Show the Board an Article from the LA Times on Lap Band Surgery Russell Bigler
- D. Mention Blue Shield of Ca. has pledged to limit it's profits to 2% per year Russell Bigler
- E. Go over the Concept of the Medical Expense Reimbursement Plan (MERP) Russell Bigler, Kip Hearron and Michael Brouse
- F. Additional Topics From the Board of Directors Will Be Heard
- G. Adjournment
- H. Next Meeting: Wednesday, July 20, 2011
1:00 p.m.
SISC Board Room - City Centre

**Any materials required by law to be made available to the public prior to a meeting of the Board of Directors of the Joint Powers Authority can be inspected at the following address during normal business hours at
1300 17th Street, Bakersfield, Ca. 93301**

For information regarding how, to whom, and when a request for disability-related modification or accommodation, including auxiliary aids or services, may be made by a person with a disability who requires a modification or accommodation to participate in the public meeting, please contact Laurie Swan at 661-636-4887 or laswan@kern.org .

SISC III HEALTH BENEFITS TERMINOLOGY

Adjudication: Determination of the amount of payment for a claim.

Administrative Services Only (ASO): An arrangement under which an insurance carrier or an independent organization will, for a fee, handle the administration of claims, benefits and other administrative functions for a self-insured group but does not assume any financial risk for the payment of benefits.

Balance bill: Refers to the leftover sum that a provider bills to the patient after insurance has only partially paid the charge that was initially billed.

Best of Both Worlds Service: An American board-certified surgeon(s) travels with the patient to perform procedures overseas.

Calendar Year Deductible: The dollar amount for covered services that must be paid during the calendar year (January 1 – December 31) by members before any benefits are paid by the Plan.

Centers of Expertise (COE) Network: The network of health care providers that have entered into contracts with the carrier and/or one or more of its affiliates. These providers have agreed to participate in a transplant program or other designated specialty program that is/are to be based upon the member's benefit agreements.

Coinsurance: An arrangement under which the member pays a fixed percentage of the cost of medical care after the deductible has been paid. For example, an insurance plan might pay 80% of the allowable charge, with the member responsible for the remaining 20%, which is then referred to as the coinsurance amount.

Coinsurance Maximum: The total amount of coinsurance that an individual pays each year before the carrier pays 100% of allowable charges for covered services. Coinsurance amounts differ with each contract.

Condition Care: Helps promote and improve the overall health status and quality of life of members and helps promote and/or prevent disease progression and avoid and/or prevent the complications associated with the conditions.

Coordination of Benefits: The anti-duplication provision to limit benefits for multiple group health insurance in a particular case to 100% of the covered charges and to designate the order in which the multiple carriers are to pay benefits. Under a COB provision, one Plan is determined to be primary and its benefits are applied to the claim. The unpaid balance is usually paid by the secondary Plan to the limit of its liability.

Co-Payment: The fixed dollar amount a patient pays for a medical service.

Deductible: An amount the covered person must pay before payments for covered services begin. The deductible is usually a fixed amount. For example, an insurance plan might require the insured to pay the first \$250 of covered expense during a calendar year.

Dependent: Person, (spouse or child), other than the subscriber who is covered under the subscriber's benefit certificate.

Employee Assistance Program (EAP): A worksite-based program that is designed to assist in the identification and resolution of productivity problems associated with personal concerns of employees. The program provides employees and their dependents with access to confidential, short-term counseling by qualified practitioners, in person or over the phone.

Explanation of Benefits (EOB): A form sent to the covered person after a claim for payment has been processed by the carrier that explains the action taken on that claim. This explanation might include the amount that will be paid, the benefits available, reasons for denying payment, or the claims appeal process.

Evidence-Based Medicine: The conscientious, explicit, and judicious use of current evidence in making decisions about the care of individual patients. The practice of evidence based medicine means integrating individual clinical expertise with the best available external clinical evidence from systematic research.

Flexible Spending Account: Accounts that let workers set aside pre-tax money from their paycheck toward premiums or costs not covered by their health plan, such as co-payments. All the money must be used within the plan year or it is lost.

Health Assessment – More companies are asking workers to fill out such assessments, which give health improvement tips. Companies can give workers financial incentives to do so.

Health Insurance Portability and Accountability Act (HIPAA): A federal health benefits law passed in 1996, effective July 1, 1997, which among other things, restricts pre-existing condition exclusion periods to ensure portability of health-care coverage between plans, group and individual; requires guaranteed issue and renewal of insurance coverage; prohibits plans from charging individuals higher premiums, co-payments, and/or deductibles based on health status.

Health Maintenance Organization (HMO): An organization that provides a wide range of comprehensive health care services for a specified group at a fixed periodic payment; a prepaid health care plan under which people may enroll by paying a set annual fee. Members then receive all the medical services they need through a group of contracting doctors and hospitals, often with no additional co-payments or fees. Members are generally limited to using providers designated by the HMO.

Health Savings Account: The accounts are paired with a high deductible. Employees can fund these accounts, tax-free, to help offset the deductible. Employers can also fund such plans. Money not used within the plan year is rolled over to the next year.

ID Card/Identification Card: A card issued by a carrier to a covered person, which allows the individual to identify himself or his covered dependents to a provider for health care services. The card is subsequently used by the provider to determine benefit levels and to prepare billing statement.

IBNR: An acronym for "incurred but not reported". This is an accounting estimate used by health plans to accrue for care that was provided "incurred" in one accounting period, but not paid or "reported" until another accounting period.

In-Network: Refers to the use of providers who participate in the carrier's provider network. Many benefit plans encourage covered persons to use participating (in-network) providers to reduce the individual's out of pocket expense.

Lifetime Maximum: Maximum amount the plan will pay toward a member's coverage in a lifetime.

Medical Tourism: To have medical care outside the United States.

Medigap: A private insurance policy purchased by many of the elderly to pay for expenses not covered by Medicare.

Negotiated Rate: The amount participating providers agree to accept as payment in full for covered services. It is usually lower than their normal charge. Negotiated rates are determined by Participating Provider Agreements.

Open Enrollment: For employers with a dual or multiple choice of health plans, the annual time period in which employees can select among the plans offered.

Out-Of-Network: The use of health care providers who have not contracted with the carrier to provide services. HMO members are generally not reimbursed if they go out-of-network except in emergency situations. Covered persons of preferred provider organizations and HMOs with point-of-service options may go out-of-network, but must pay additional costs including deductibles and co-insurance.

Participating Provider: A physician, hospital, pharmacy, laboratory or other appropriately licensed provider of health care services or supplies, that has entered into an agreement with a managed care entity to provide such services or supplies to a patient enrolled in a health benefit plan.

Pre-Authorization: A procedure used to review and assess the medical necessity and appropriateness of elective hospital admissions and non-emergency outpatient services before the services are provided.

Preferred Provider Organization (PPO): A type of managed care organization that has a panel of preferred providers who are paid according to a discounted fee schedule. The enrollees do have the option to go to out-of-network providers at a higher level of cost sharing.

Reasonable and Customary: The amount customarily charged for the service by other physicians in the area (often defined as a specific percentile of all charges in the community) and the reasonable cost of services for a given patient after medical review of the case. Also known as Usual and Customary (U&C) or Customary and Reasonable (C&R).

Skilled Nursing Facility: An institution (or a distinct part of an institution) that is primarily engaged in providing skilled nursing care and related services for patients who require medical care, nursing care or rehabilitation services.

Subscriber: The individual in whose name a contract is issued or the employee covered under an employer's group health contract.

Transparency. With regard to medical care it means: The ability for patients to have easy access to understandable information about the cost and quality of their health care options. They should be able to obtain this information from their health plan and medical providers prior to the time of treatment.



June 15, 2011

TO: SISC I, II and III Board of Directors
FROM: Russell E. Bigler
Chief Executive Officer
SUBJECT: 2011-2012 Proposed Meeting Dates

INFORMATION

I have enclosed the time, date and location of the 2011-2012 monthly meetings. They are all on the third Wednesday of the month with the exception of September, March and May.

ADMINISTRATIVE RECOMMENDATION

It is respectfully requested that the Board approve the 2011-2012 proposed meeting dates.

REB:clp



June 15, 2011

TO: SISC I, II, AND III BOARD MEMBERS
 FROM: RUSSELL E. BIGLER, CHIEF EXECUTIVE OFFICER
 INSURANCE SERVICES
 SUBJECT: MEETING DATES FOR 2011-2012

The 2011-2012 SISC Boards have been scheduled to meet in the SISC Board Room on the Fifth Floor of the Kern County Superintendent of Schools Office, 1300 17th Street, Bakersfield. All meetings will be held the third Wednesday of each month, with the exception of September, March and May.

<u>DATE</u>	<u>SISC I</u>	<u>SISC II</u>	<u>SISC III</u>	<u>LOCATION</u>
<u>2011</u>				
July 20	9:00 a.m.	10:30 a.m.	1:00 p.m.	Fifth Floor Board Room
August 17	9:00 a.m.	10:30 a.m.	1:00 p.m.	Fifth Floor Board Room
September 28	9:00 a.m.	10:30 a.m.	1:00 p.m.	Fifth Floor Board Room
October 19	9:00 a.m.	10:30 a.m.	1:00 p.m.	Fifth Floor Board Room
November 16	9:00 a.m.	10:30 a.m.	1:00 p.m.	Fifth Floor Board Room
December 21	9:00 a.m.	10:30 a.m.	1:00 p.m.	Fifth Floor Board Room
<u>2012</u>				
January 18	9:00 a.m.	10:30 a.m.	1:00 p.m.	Fifth Floor Board Room
February 15	9:00 a.m.	10:30 a.m.	1:00 p.m.	Fifth Floor Board Room
March 28	9:00 a.m.	10:30 a.m.	1:00 p.m.	Fifth Floor Board Room
April 18	9:00 a.m.	10:30 a.m.	1:00 p.m.	Fifth Floor Board Room
May 17-18	2:00 p.m.	3:00 p.m.	4:00 p.m.	To Be Decided
June 20	9:00 a.m.	10:30 a.m.	1:00 p.m.	Fifth Floor Board Room

REB:clp

**SISC III
INFORMATION AND DISCUSSION ITEMS
JUNE 15, 2011**

- A. Monthly SISC PPO Trend History Through May 2011.** The SISC PPO monthly trend history for the month of May 2011 will be shown at the meeting.
- B. Show the Board the information that was sent to the company that produces The Business Insurance Magazine.** This growth should keep the combination of SISC I, II and III the largest public entity in the nation that submitted its information to the magazine.
- C. Show the Board an Article from the LA Times on Lap Band Surgery.** This article discusses the fact that a Lap-Band maker is targeting teenagers.
- D. Mention Blue Shield of Ca. has pledged to limit it's profits to 2% per year.** I have enclosed a memorandum for Blue Shield and an article from the San Francisco Chronicle. Blue Shield is based in San Francisco. Also, there might be a person from Blue Shield in attendance at the Board Meeting to discuss this further.
- E. Go over the Concept of the Medical Expense Reimbursement Plan (MERP).** Michael Brouse will go over the handout with us on this topic. What I believe SISC should do is endorse it as an option and individual districts with over 1000 insured employees can determine if they want to take it.

Two other points:

- If a district decides to implement the MERP, it would be their option as to whether they make it mandatory or voluntary.
- Since this is new, we believe for now, districts that want to implement the MERP should be fully credible so, for now, it would only be open to districts with 1000 or more insured employees.

- F. Additional Topics From the Board of Directors Will Be Heard.** Additional Topics from the Board will be heard at this time.