

## CHEERLEADING PARTICIPATION FORM

### ACKNOWLEDGEMENT AND ASSUMPTION OF POTENTIAL RISK

The administration of the \_\_\_\_\_ school district wants to make certain that all participants and their parent or guardian are fully aware of the various inherent risks involved in cheerleading. It is important participants know certain risks cannot be eliminated without destroying the unique character of this activity; some danger is involved in cheerleading; and on occasion, participants do suffer injury. It is not the intent to frighten participants or reduce their enthusiasm for the activity, but we believe it is important that you be informed of the nature of the activity.

I understand the inherent risks of cheerleading are serious and cheerleading is a dangerous activity regardless of the care taken. I have read the previous paragraph and 1) I know the nature of the activity of Cheerleading; 2) I understand the demands of this activity relative to my physical condition, and 3) I appreciate the potential impact of the types of injuries that may result from cheerleading. I hereby assert that my participation is voluntary and I knowingly assume all of the inherent risks of the activity.

I understand and acknowledge that some of the injuries/Illnesses that may result from participating in this activity include, but are not limited to, the following:

- |    |                           |    |                  |
|----|---------------------------|----|------------------|
| 1. | Sprains/strains           | 5. | Paralysis        |
| 2. | Fractured bones           | 6. | Loss of eyesight |
| 3. | Unconsciousness           | 7. | Death            |
| 4. | Head and/or back injuries |    |                  |

In consideration of permission to participate in cheerleading, today and on all future dates, I as the legal guardian of \_\_\_\_\_ (*insert name of student*) do hereby release, waive, and discharge (including its officers, employees, volunteers, equipment manufacturers/vendors, and agencies) from liability from any and all claims resulting from the participation in the cheerleading program.

This agreement applies to 1) personal injury (including death) from incidents or illnesses arising from cheerleading participation; and to 2) any and all claims resulting from the damage to, loss of, or theft of property.

I understand, acknowledge, and agree that the District, its employees, officers, agent, or volunteers shall not be liable and I hereby waive, release, and discharge them from any future claims, demands, obligations, or causes of action for any injury/illness or property damage suffered by my son/daughter arising as a result of engaging or receiving instruction in said activity or any activity that is incidental thereto.

I acknowledge that I have carefully read this CHEERLEADING PARTICIPATION FORM and that I understand and agree to its terms.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

A signed CHEERLEADING PARTICIPATION FORM must be on file with the District before a student will be allowed to participate in the above extra-curricular activities.