

**SISC III
HEALTH BENEFITS PROGRAM
BOARD OF DIRECTORS MEETING
JANUARY 15, 2015
1:00 P.M.**

A G E N D A

I. CONSENT AGENDA

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|----|---|--------------|
| A. | Approval of Minutes for December 2014 Board of Directors Meetings | Nick Kouklis |
| B. | Report of Activity for the Month of December 2014 and Ratification of Payment as Follows: | Nick Kouklis |

DELTA DENTAL CLAIMS	6,635,213.99		
DELTA DENTAL ASO	389,487.29		
	TOTAL DENTAL		7,024,701.28
VSP CLAIMS	890,490.77		
MES CLAIMS	105,889.52		
VSP ASO	90,461.10		
MES ASO	16,801.33		
	TOTAL VISION		1,103,642.72
ANTHEM BLUE CROSS HEALTH CLAIMS	64,656,131.41		
BLUE SHIELD HEALTH CLAIMS	20,505,675.87		
ANTHEM BC COMPANION CARE RETIREE CLAIMS	302,735.15		
	TOTAL HEALTH CLAIMS	85,464,542.43	
ANTHEM BLUE CROSS ASO	2,146,280.05		

BLUE SHIELD PPO ASO	446,924.42		
ANTHEM BC COMPANION CARE RETIREE ASO	66,877.38		
FOUNDATION CLMS PROCESSING ASO	427,909.08		
	TOTAL HEALTH ASO	3,087,990.93	
		TOTAL HEALTH	88,552,533.36
EXPRESS SCRIPTS CLAIMS	4,277,312.41		
NAVITUS RX CLAIMS	16,791,737.26		
EXPRESS SCRIPTS ASO	26,034.47		
NAVITUS RX ASO	400,664.97		
		TOTAL RX	21,495,749.11
<u>INSURED PRODUCTS</u>			
ANTHEM BC HMO CLAIMS	2,526,554.66		
ANTHEM BC HMO ADMIN FEE	2,068,256.06		
ANTHEM BC EAP	195,988.10		
BLUE SHIELD HMO CLAIMS	1,743,820.51		
BLUE SHIELD HMO ADMIN FEE	2,346,023.13		
KAISER HMO	14,601,731.30		
SIMNSA	143,107.00		
DELTACARE/PMI DENTAL	18,350.97		
MES-FULLY INSURED	21,741.16		
KAISER SENIOR ADVANTAGE RETIREE PLAN	111,695.00		
BLUE SHIELD MEDICARE ADVANTAGE	4,179.00		
MUTUAL OF OMAHA LIFE INS	283,738.95		
ZURICH LIFE	19,249.60		
		TOTAL INSURED	24,084,435.44

SISC FLEX CLAIMS	367,332.12
GOVERNMENT FEES	691,666.67
WELLNESS	451,101.41
ALL OTHER	783,317.67
	TOTAL PAYMENTS
	144,554,479.78

Moved _____ 2nd _____

Yes _____ No _____ Abstain _____ Roll Call Vote _____

II. PUBLIC COMMENT

III. ACTION ITEMS

- A. Financial Report - Presentation of Financial Statements for the Month of December 2014 Will Be Submitted for Approval

Kim Sloan

Moved _____ 2nd _____

Yes _____ No _____ Abstain _____ Roll Call Vote _____

- B. Request Approval to Incorporate Use of the Anthem Blue Distinction Plus Program For Hip, Knee and Spine as an Exclusive PPO Plan Benefit

John Stenerson

Moved _____ 2nd _____

Yes _____ No _____ Abstain _____ Roll Call Vote _____

- C. Request Approval to Exclude Out-of-Network Benefits in the Categories of X-Ray and Lab, Physical Medicine and Durable Medical Equipment

John Stenerson

Moved _____ 2nd _____

Yes _____ No _____ Abstain _____ Roll Call Vote _____

IV. DISCUSSION AND INFORMATION ITEMS

- A. Review Monthly PPO Trend and Budget-to-Actual through December 2014 John Stenerson
- B. Review of Article Regarding 721 Hospitals Penalized For Patient Safety John Stenerson
- C. Review of Article Regarding New Expensive Drug Pricing and Strategies For Coverage John Stenerson
- D. Comments from the Board of Directors Will be Heard Nick Kouklis

E. Next Meeting: Thursday, February 19, 2015
1:00 p.m.
SISC Board Room – Larry E. Reider Education Center
2000 K Street, Bakersfield, CA 93301

F. Adjournment

Moved _____ 2nd _____

Yes _____ No _____ Abstain _____ Roll Call Vote _____

**Any materials required by law to be made available to the public prior to a meeting of the Governing Board of the SISC III JPA can be inspected at the following address during normal business hours at
2000 K Street, Bakersfield, Ca. 93301**

For information regarding how, to whom, and when a request for disability-related modification or accommodation, including auxiliary aids or services, may be made by a person with a disability who requires a modification or accommodation to participate in the public meeting, please contact Kristy Comstock at 661-636-4682 or krcomstock@kern.org

*The number of Board Members needed to form a quorum for this meeting is eight

HEALTH BENEFITS TERMINOLOGY

Adjudication: Determination of the amount of payment for a claim.

Administrative Services Only (ASO): An arrangement under which an insurance carrier or an independent organization will, for a fee, handle the administration of claims, benefits and other administrative functions for a self-insured group but does not assume any financial risk for the payment of benefits.

Balance bill: Refers to the leftover sum that a provider bills to the patient after insurance has only partially paid the charge that was initially billed.

Best of Both Worlds Service: An American board-certified surgeon(s) travels with the patient to perform procedures overseas.

Calendar Year Deductible: The dollar amount for covered services that must be paid during the calendar year (January 1 – December 31) by members before any benefits are paid by the Plan.

Centers of Expertise (COE) Network: The network of health care providers that have entered into contracts with the carrier and/or one or more of its affiliates. These providers have agreed to participate in a transplant program or other designated specialty program that is/are to be based upon the member's benefit agreements.

Coinsurance: An arrangement under which the member pays a fixed percentage of the cost of medical care after the deductible has been paid. For example, an insurance plan might pay 80% of the allowable charge, with the member responsible for the remaining 20%, which is then referred to as the coinsurance amount.

Coinsurance Maximum: The total amount of coinsurance that an individual pays each year before the carrier pays 100% of allowable charges for covered services. Coinsurance amounts differ with each contract.

Condition Care: Helps promote and improve the overall health status and quality of life of members and helps promote and/or prevent disease progression and avoid and/or prevent the complications associated with the conditions.

Coordination of Benefits: The anti-duplication provision to limit benefits for multiple group health insurance in a particular case to 100% of the covered charges and to designate the order in which the multiple carriers are to pay benefits. Under a COB provision, one Plan is determined to be primary and its benefits are applied to the claim. The unpaid balance is usually paid by the secondary Plan to the limit of its liability.

Co-Payment: The fixed dollar amount a patient pays for a medical service.

Deductible: An amount the covered person must pay before payments for covered services begin. The deductible is usually a fixed amount. For example, an insurance plan might require the insured to pay the first \$250 of covered expense during a calendar year.

Dependent: Person, (spouse or child), other than the subscriber who is covered under the subscriber's benefit certificate.

Employee Assistance Program (EAP): A worksite-based program that is designed to assist in the identification and resolution of productivity problems associated with personal concerns of employees. The program provides employees and their dependents with access to confidential, short-term counseling by qualified practitioners, in person or over the phone.

Explanation of Benefits (EOB): A form sent to the covered person after a claim for payment has been processed by the carrier that explains the action taken on that claim. This explanation might include the amount that will be paid, the benefits available, reasons for denying payment, or the claims appeal process.

Flexible Spending Account: Accounts that let workers set aside pre-tax money from their paycheck toward premiums or costs not covered by their health plan, such as co-payments. All the money must be used within the plan year or it is lost.

Health Assessment – More companies are asking workers to fill out such assessments, which give health improvement tips. Companies can give workers financial incentives to do so.

Health Insurance Portability and Accountability Act (HIPAA): A federal health benefits law passed in 1996, effective July 1, 1997, which among other things, restricts pre-existing condition exclusion periods to ensure portability of health-care coverage between plans, group and individual; requires guaranteed issue and renewal of insurance coverage; prohibits plans from charging individuals higher premiums, co-payments, and/or deductibles based on health status.

Health Maintenance Organization (HMO): An organization that provides a wide range of comprehensive health care services for a specified group at a fixed periodic payment; a prepaid health care plan under which people may enroll by paying a set annual fee. Members then receive all the medical services they need through a group of contracting doctors and hospitals, often with no additional co-payments or fees. Members are generally limited to using providers designated by the HMO.

Health Savings Account: The accounts are paired with a high deductible. Employees can fund these accounts, tax-free, to help offset the deductible. Employers can also fund such plans. Money not used within the plan year is rolled over to the next year.

ID Card/Identification Card: A card issued by a carrier to a covered person, which allows the individual to identify himself or his covered dependents to a provider for health care services. The card is subsequently used by the provider to determine benefit levels and to prepare billing statement.

IBNR: An acronym for "incurred but not reported". This is an accounting estimate used by health plans to accrue for care that was provided "incurred" in one accounting period, but not paid or "reported" until another accounting period.

In-Network: Refers to the use of providers who participate in the carrier's provider network. Many benefit plans encourage covered persons to use participating (in-network) providers to reduce the individual's out of pocket expense.

Lifetime Maximum: Maximum amount the plan will pay toward a member's coverage in a lifetime.

Mark-Up (As it relates to Congress): During a "mark-up", the Committee members discuss the proposals in the legislation and agree or disagree on what should be included in a final bill that is voted out of the Committee.

Medical Tourism: To have medical care outside the United States.

Medigap: A private insurance policy purchased by many of the elderly to pay for expenses not covered by Medicare.

Negotiated Rate: The amount participating providers agree to accept as payment in full for covered services. It is usually lower than their normal charge. Negotiated rates are determined by Participating Provider Agreements.

Open Enrollment: For employers with a dual or multiple choices of health plans, the annual time period in which employees can select among the plans offered.

Out-Of-Network: The use of health care providers who have not contracted with the carrier to provide services. HMO members are generally not reimbursed if they go out-of-network except in emergency situations. Covered persons of preferred provider organizations and HMOs with point-of-service options may go out-of-network, but must pay additional costs including deductibles and co-insurance.

Participating Provider: A physician, hospital, pharmacy, laboratory or other appropriately licensed provider of health care services or supplies, that has entered into an agreement with a managed care entity to provide such services or supplies to a patient enrolled in a health benefit plan.

Pre-Authorization: A procedure used to review and assess the medical necessity and appropriateness of elective hospital admissions and non-emergency outpatient services before the services are provided.

Preferred Provider Organization (PPO): A type of managed care organization that has a panel of preferred providers who are paid according to a discounted fee schedule. The enrollees do have the option to go to out-of-network providers at a higher level of cost sharing.

Reasonable and Customary: The amount customarily charged for the service by other physicians in the area (often defined as a specific percentile of all charges in the community) and the reasonable cost of services for a given patient after medical review of the case. Also known as Usual and Customary (U&C) or Customary and Reasonable (C&R).

Skilled Nursing Facility: An institution (or a distinct part of an institution) that is primarily engaged in providing skilled nursing care and related services for patients who require medical care, nursing care or rehabilitation services.

Subscriber: The individual in whose name a contract is issued or the employee covered under an employer's group health contract.

Transparency. With regard to medical care it means: The ability for patients to have easy access to understandable information about the cost and quality of their health care options. They should be able to obtain this information from their health plan and medical providers prior to the time of treatment.